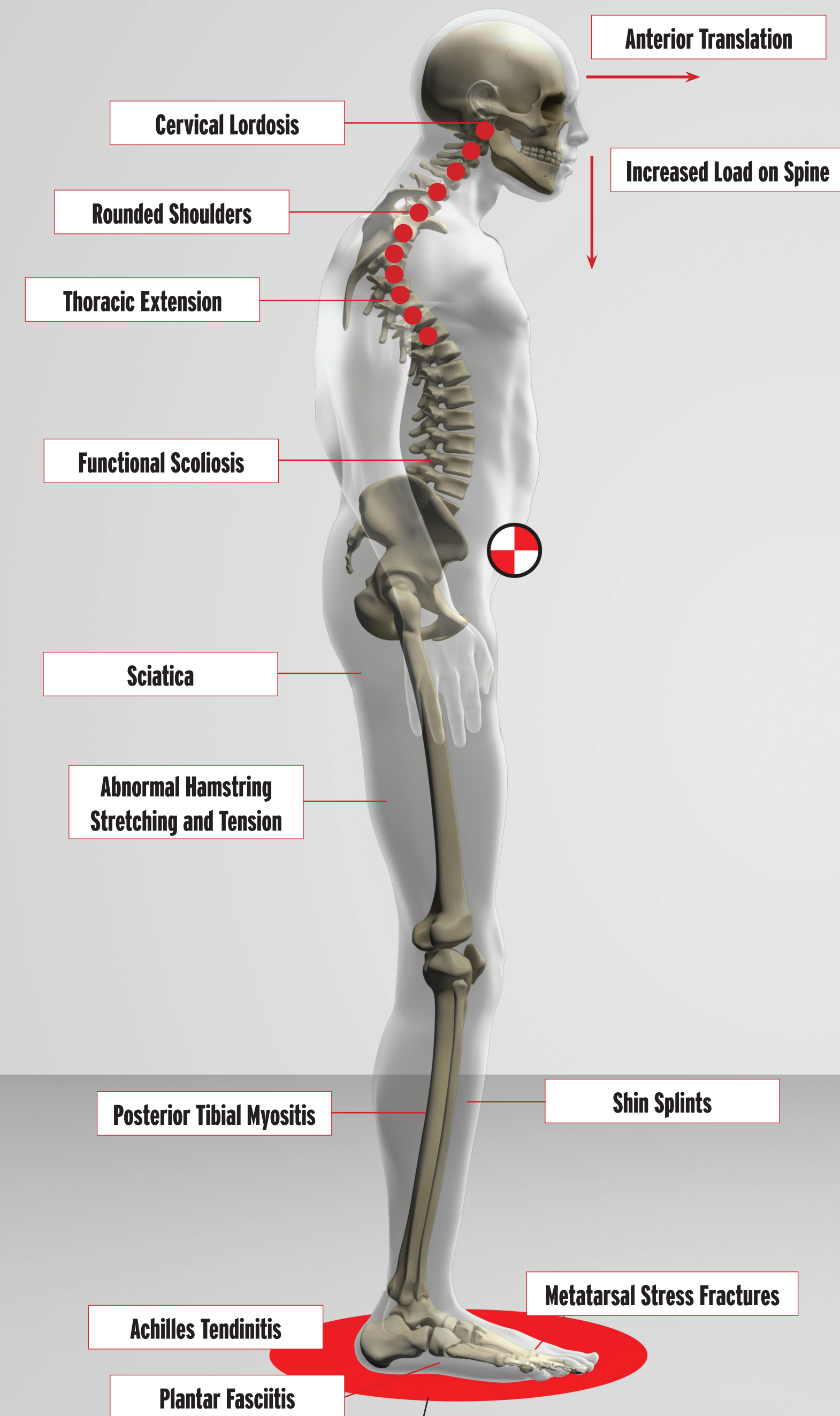


Foot-Spine Connection

Faulty foot biomechanics negatively impact all supporting joints above the foot.

An Unstable Foundation



Lack of stability in the feet can lead to distortions all the way up the spine.

Stability Achieved!



The center of gravity of each segment is aligned directly over the center of the supporting joint.

Custom orthotics can restore balance by providing support for the collapsed structures in the feet, creating a sturdy base for the Kinetic Chain.

ASK YOUR DOCTOR TODAY



FOOT LEVELERS

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Posture Pointers



Posture

is the 3rd most common reason for doctor visits



The weight of the average human head



The force on the neck

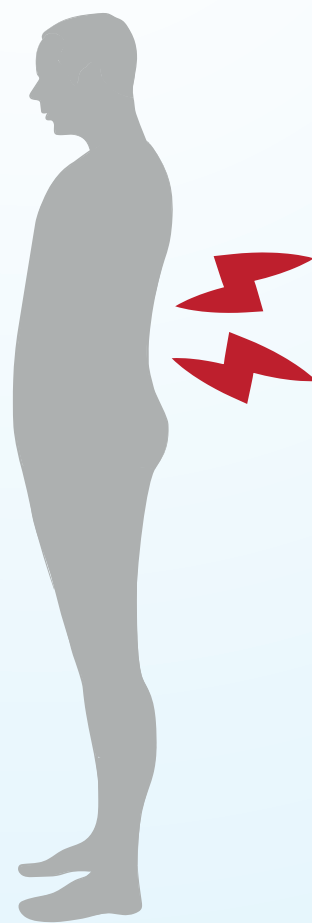
when the head is tilted forward 45°!



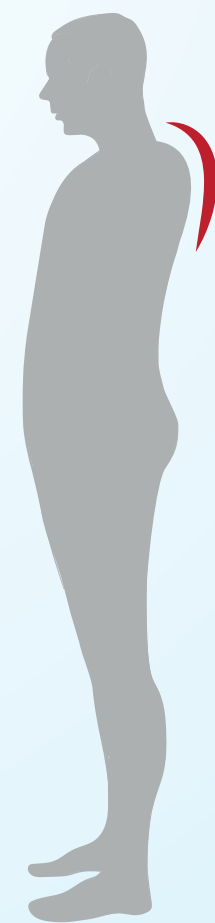
Average time each day spent hunched over a phone or device

Signs of possible bad posture

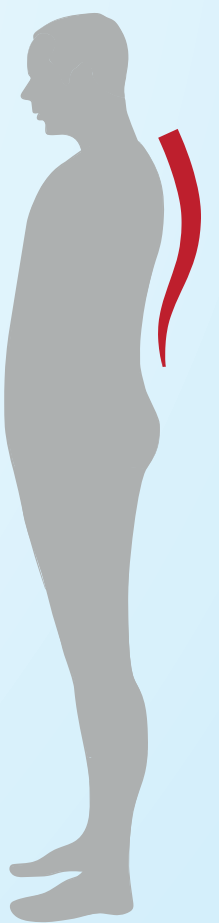
Back pain



Rounded shoulders



Rounded upper back



Strong posture helps you look your best and move pain free. Custom orthotics help support proper posture by **holding Chiropractic adjustments longer.**

Assessment of Stresses in the Cervical Spine Caused by Posture and Position of the Head