

## Fish oil resources

If the subject of fish oil peaks your interest, here are resources you might like to check out. They were used in the article in Vol. 53, Issue 9, of *Chiropractic Economics*, “Nothing fishy about fish oil!”

- Albert CM, Campos H, Stampfer MJ, et al. Blood levels of long-chain n-3 fatty acids and the risk of sudden death. *N Engl J Med* 2002;346:1113–1118.
- Belch JJ, et al. Effects of altering the dietary essential fatty acids on the requirements for NSAIDs in patients with rheumatoid arthritis.
- Ann Rheum Dis 1988;47:96–104.
- Bresalier RS, et al. Cardiovascular events associated with rofecoxib in a colorectal adenoma chemoprevention trial. *N Engl J Med* 2004;352.
- Cleland LG. Clinical and biochemical effects of dietary fish oil supplements in rheumatoid arthritis. *J Rheumatol* 1988;15:1471–5.
- Drazen JM. Cox-2 inhibitors—a lesson in unexpected problems [Editorial]. *N Engl J Med* 2004;352.
- FDA Announces Qualified Health Claims for Omega-3 Fatty Acids, <http://www.fda.gov/bbs/topics/news/2004/NEW01115.html>
- Harris WS, von Schacky C. The omega-3 index: a new risk factor for death from coronary heart disease? *Prev Med* 2004;39:212–20.
- Kremer JM, Lawrence DA, Robinson DR, Bigaouette J, et al. Effects of high-dose fish oil on rheumatoid arthritis after stopping nonsteroidal anti-inflammatory drugs: clinical and immune correlates. *Arthritis Rheum* 1995;38(8):1107–14.
- Marchioli R, Barzi F, Bomba E, et al. Early protection against sudden death by n-3 polyunsaturated fatty acids after myocardial infarction: Time-course analysis of the results of the gruppo italiano per lo studio della sopravvivenza nell'infarto miocardico (GISSI)-prevenzione. *Circulation* 2002;105(16):1897–1903.
- Maroon, JC, Bost, JW, Omega-3 Fatty acids (fish oil) as an anti-inflammatory: an alternative to nonsteroidal anti-inflammatory drugs for discogenic pain. *Surgical Neurology* 65 (2006) 326–331.
- O'Keefe JH, Harris WS. From intuit to implementation: omega-3 fatty acids come of age. *Mayo Clin Proc* 2000;75(6):607–14.
- Povar, G J, Snyder, L, Selling Products Out of the Office. *Ann Intern Med* 1999;131:863–864.
- Simopoulos AP. Omega-3 fatty acids in inflammation and autoimmune diseases. *J Am Coll Nutr* 2002;21(6):495–505.
- Wang C, Chung M, Lichtenstein A, et al. Effects of omega-3 fatty acids on cardiovascular disease. Evidence report/technology assessment number 94. AHRQ publication number 04-E009-1. Rockville, (MD)7 Agency for Healthcare Research; 2004.